

Active Transportation Lesson:Walking Around Our Neighborhood

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Active Transportation Lesson Plan: Walking Around Our Neighborhood

Route Planning Tips

• Attempt to select a walking loop or route that incorporates various traffic volumes, intersection types, and if possible, varying types of walking infrastructure.

Terms

- Boulevard Sidewalk
- Crosswalk
- Intersections
- Markings
- Roadways
- Road Signs
- Sidewalk
- Yield

Lesson Agenda

Explanation: 5 minutes

- Explain a brief walking tour around the immediate school neighborhood will take place.
- Distribute the "What do I see?" worksheet.
 Encourage students to actively listen but also keep detailed record of the walking tour.

Engage: 30 minutes

- Lead a neighborhood walk lasting approximately 30 minutes.
- Refer to the Discussion Guide. This discussion should also assist completion of the students' worksheets.

Materials

Walking Tour Worksheet Teacher Guide Discussion Guide

Lesson Objectives

- Students will demonstrate prior knowledge of the local neighborhood and the respective walking conditions.
- Students will demonstrate an understanding of potential improvements to the school neighborhood's walking environment.

What Do I See?

Neighborhood Walking Tour

Check off the signs, markings, and roadways that you see, during your walking tour!



Do you think the walking loop is a good or bad place to walk/bike?

What shapes/colors do you see in your school neighborhood?

On the back of this page draw what you want your local neighborhood space to look like!



Active Transportation Discussion Prompts: Walking Around Our Neighborhood

Use the following questions to lead a walking tour around your school neighborhood.

For this discussion, assist the completion of the student's worksheet. Help students become more familiar with the local neighborhood and encourage students to discuss potential improvements.

Questions:

What are good things about walking and biking?

What makes a space good or bad to walk on?

What markings, signs, or roadways do you see, during the walking tour?

What markings/signs do you think make it easier to walk or bike?

What markings/signs do you think encourage walking/biking?

Do you have any ideas about this walking loop?

How does the walking loop make you feel?

Do you think anything should be added or removed from the walking loop?