

## Active Transportation Lesson: Why Should I ride in theRoad?

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### Active Transportation Lesson Plan: Why Should I Ride in the Road?

### **Lesson Objectives**

- Students will demonstrate prior knowledge of road-riding techniques, laws, and benefits through activities and discussion.
- Students will demonstrate an enhanced understanding of intersection types and right-of-way(s).

### **Terms**

- Intersections
- Sidewalks

### **Materials**

Road Riding Discussion Prompts

"Intersections Types"
Guide
Understanding Intersections
Student Copy
Teacher Guide
Intersection Tips
Take home sheet

### **Lesson Agenda**

### Engage: 20 minutes

- Lead students in a discussion about riding your bicycle in the road. Refer to the "Road Riding Discussion Prompts" for guidance.
- Write student responses on a whiteboard. For this discussion, it is important to correlate getting older with the skills and confidence to responsibly ride a bicycle in the road.

### Explain: 15 minutes

 Present Intersection Types and Rules. Encourage students to take notes, as there will be a worksheet testing how much they remember.
 The Presentation Guide provides more information.

### Explain/Elaborate: 10 minutes

- Distribute "Understanding Intersections." After students complete the worksheet, briefly discuss the results.
- Distribute the "Intersection Tips" handout for students to take home.
- Encourage students to review this information with their parents and bring it back the next day.



### Active Transportation Discussion Prompts: Street Riding

Use the following questions to lead a conversation surrounding riding a bicycle in the road.

For this discussion, it is important to correlate getting older with the skills and confidence to responsibly ride a bicycle in the road.

### **Questions:**

How many of you only ride your bicycle on the sidewalk?

Why do you ride on the sidewalk?

Are there any rules to riding on the sidewalk?

How many of you ride your bicycle on the street?

Why do you ride on the street?

Are there any rules to riding on the street?

Describe the street you like to ride on?

Describe the street you don't like to ride on?

Do you ride alone? Why/Why not?

Are there times when you have to ride on the sidewalk/street?

Where do you see older kids riding there bicycles?

How old do you think you have to be before you ride on busy streets?



## Active Transportation Presentation Guide: Intersections Types and Rules

This guide is broken down by slide(s).
Please refer back to the Lesson Plan for general objectives
and estimated timeframe.

For this presentation, it is important to communicate the differences between intersection types, as well as introducing simple intersection rules/laws.

- **Slide 1** Field 3-4 answers to the question "What is an intersection?" If possible, record these answers and/or draw several answers out
- Slide 2 Before switching slides, field 3-4 attempts to answer the question "What are the types of intersections?" After these attempts, present the slide and breifly explain controlled and uncontrolled intersections as presented.
- **Slide 3** Pose the question "What type of intersection would have these?"
- **Slide 4** Explain to the students they are about to see several examples of intersections and should be prepared to answer the three questions.
- **Slide 5-** Present the intersection examples, taking time to ask each of the three questions. Be prepared to explain any rules/laws that affect who in the situation yields first. This is also a great opportunity to communicate etiquette practices, such as making eye contact with other drivers.

# Understanding

## Intersections









